



**Dignity as well as Effort**



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**Important Dates**

24 February

**Year 7 Vaccinations**

26 February

**Year 11 VET readiness workshop**

27 February

**Green Day**

2,3,4 March

**Aussie Bush Camp**

3,4

**Dare to lead Conference**

3 March

**Hunter Regional Swimming**

6 March

**Equestrian Competition**

**Year 11 Biology Excursion**

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## Term 1 . Week 4

## School Information

<b>Principal</b>	Joanne Gray
<b>Deputy Principal Yr 7,11</b>	Ian Skilton
<b>Deputy Principal Yr 8,12</b>	Shane Hookway
<b>Deputy Principal Yr 9, 10</b>	Glenn Yates
<b>Deputy ILNNP</b>	David Welsh
<b>Welfare HT</b>	Dayna Cowmeadow (rel)
<b>Administration HT</b>	Graeme Lindsay (rel)
<b>Admin Manager</b>	Margaret Richardson
<b>HT English</b>	Nerida McNamara (rel)
<b>HT Science</b>	Leanne Mullen (rel)
<b>HT Maths</b>	Kathleen Prudence
<b>HT Home Ec</b>	Tracey Holloway
<b>HT Industrial Arts</b>	Jason Kolatchew
<b>HT PDHPE</b>	Clemma Bendeich
<b>HT Special Ed</b>	Kirsten Strachan
<b>HT HSIE</b>	Bruce Withers
<b>Librarian</b>	Martin Gray
<b>Canteen Coordinator</b>	Tracy Johnson
<b>Canteen Phone</b>	02 6572 2373

### Year Advisors 2015:

Cindy Koletsis-Tatt & Tristan Chapman

#### Year 7

Leanne Mullen & Margaret Bagnall

#### Year 8

Nathan Jones & Jaye Sunnerton

#### Year 9

Andrew Sommerville & Daniel Mead

#### Year 10

Daniel Higgins & Megan Smith

#### Year 11

Bob Collins & Leanne Ellis

#### Year 12

**P&C Association meets the 3rd Monday of the month in common room**

**Next meeting 16 March 2015**

President	Mrs Salli Avard
Secretary	Mrs Cynthia Mulholland
Treasurer	Mr Simon Rock

**School Hours 9.25am - 3.20pm**

**School Office Hours: 8.30am - 4.00pm**



## Teaching someone to drive can be a **happy** experience.

You can learn all the simple steps on how to teach a learner driver at a **FREE** two hour workshop.

**The next workshop in your area will be held:**

TIME & DATE:	VENUE:	BOOK NOW ON:
Tuesday 24 February 2015 6.00 - 8.00 pm	Community College 83 - 87 York St Singleton	4925 4200 enquiries@ weahunter.edu.au

Helping learner drivers  
become safe drivers



### Check out our new App

The official app for Singleton High School has now been released. Download it for iOS, Android or HTML5 from the following locations:

App Store:

<https://itunes.apple.com/us/app/singleton-high-school/id962960849?ls=1&my=t=8>

Play Store:

<https://play.google.com/store/apps/details?id=com.app.singletonhs.layout&hl=en0>

HTML5:

<http://apps.activemobileapps.com/html5/?appcode=SingletonHS>



# Principal's Report

The first three weeks of term show what a vibrant and busy school we have at Singleton High.

We have a new school app! This app is a great way to keep in touch with what is happening around the school, and has quick links to all sorts of information relevant to your child. You can download the app for free through the i-tunes store. Just search for 'Singleton High School'. Many thanks to Mr Greg Norris for the work he has put into this exciting project.

It was a privilege to attend the excellence assembly during the second week. This assembly recognises the achievements of our 2014 HSC cohort. I have not seen this done so well in other schools. The Year 11 and 12 students who made up the audience were very interested in hearing about not only the achievements of the award recipients, but about where the achievements led them.

Across the group we had students going to universities in Queensland, NSW and Victoria, as well as other interesting destinations. It made the results of hard work very real, and a couple of our current students commented afterwards that they found the assembly 'inspiring'.

Thank you to Mr Ian Skilton for his organisation of this assembly.

Our swimming carnival was a fun, energetic and well organised event. Students that attended had great fun and showed real school spirit competing for their houses. The whole school relays in particular were a great way everyone could earn points for their team. Burdekin were victorious overall. Many thanks to Mr Daniel Higgins and the PE staff for their energy and organisation.

Last week our relieving HT Welfare, Ms Dayna Cowmeadow, arranged for all Year 7 students to attend cyber talks with our police youth liaison officer, learning about the perils, pitfalls and precautions associated with internet use. It was a very valuable opportunity for our students, and many expressed surprise at some of the privacy issues of which they were unaware.

**Singleton High School is one of the top fundraising schools in the state. The SRC were rightly proud to hand over a \$12,000 cheque to the Cancer Council at our assembly last Wednesday. It is great to see our students thinking of others, and 'Tommy's Day' obviously has a special place in many hearts at SHS.**

Our Year 12 Hospitality students had the opportunity last Thursday night to work with Celebrity Chef Fast Eddie. The event organiser, Diana Thorning, emailed to say ***Thursday night at Bunnings with Fast Ed was really good and I just wanted to congratulate you on the way your students conducted themselves; they were great.***

Congratulations to Mrs Tracey Holloway and the Hospitality staff for providing this exciting opportunity for our students.

On Thursday 19th February at 6.00pm in the MPC, Novaskill and State Training Services will be presenting an information evening on SBAT's. (School Based Apprenticeships and Traineeships). We have had strong interest particularly from Year 10 students and it is important that if your child is interested, that you understand the commitment and requirements of an SBAT.

At the P&C meeting on Monday night it was great to meet more parents. These meetings are held at 7.30 pm on the third Monday of each month. All are welcome to attend. The next meeting is the annual AGM. Any parent who may be interested in the position of treasurer for the following year (2016), Mr Simon Rock, our current treasurer, is very happy to provide support throughout this year in preparation for the role.

Our P&C are driving a fundraiser for our support classes, in the form of an 'Auto-Fest', to be held in the school grounds on the 9 May. Keep the date free. There will be more information in the next newsletter.

Please continue to support our uniform policy by ensuring your children are appropriately attired in full school uniform. We are happy to provide student assistance for any families who need help in purchasing the uniforms.

**Jo Gray, Principal**





# Welfare News

## Welcome to 2015

The Welfare Team welcomes you to the 2015 school year. We are excited about the year ahead and all it brings as we journey together with your child through 'the ups and the downs'. The Welfare Team this year is:

Year 7	Mrs Cindy Koletsis-Tatt	Mr Tristan Chapman
Year 8	Mrs Leanne Mullen	Mrs Margaret Bagnall
Year 9	Mr Nathan Jones	Miss Jaye Sunerton
Year 10	Mr Daniel Mead	Mr Andrew Somerville
Year 11	Mr Daniel Higgins	Ms Megan Smith
Year 12	Mr Bob Collins	Mrs Leanne Ellis

As the school year begins, starting a new school, moving schools, changing classes, finding new friends and meeting new teachers will be top of mind for lots of our young people. It's normal for young people to feel nervous when beginning a new school year and there are many things that they can do to make the transition easier such as remaining in contact with old friends, finding ways to express how they are feeling like writing a journal, playing sport or talking to someone. [ReachOut.com](http://ReachOut.com) provides fact sheets, stories and forums to help make it easier for young people to adjust to new places, new people and new friends.



## School Diaries

All Year 7 Students have been provided with a school diary. These diaries contain important information about our school and its structure. There are also lots of handy tips within its pages to help support your child as they transition and adjust to the responsibilities and expectations that come with being a high school student. Our P&C have kindly provided these diaries for our Year 7 students.

## Medical Information

Singleton High School does not claim to be a nut free school. It is important to keep the school informed of your child's medical needs as the occasion arises. If you need to update any current medical information/medical plans please contact the school as soon as possible. We thank you for your cooperation in supporting us to provide a safe environment for all staff and students.

## Year 7 Vaccinations

Year 7 will have their first round of vaccinations on Tuesday 24 February 2015 to be held here at the school by the local community health care nurses. Your child should have brought home a vaccination information pack. Please ensure that these forms are returned to the front office by 20 February to allow for sufficient time in organising the day of vaccinations. Thank you.

## Positive Wellbeing Fridays

Every Friday during DEAR Roll Call teachers will deliver messages that enable our young people to develop as citizens with spirit and confidence giving them the strength to consistently approach everything they do positively. It is envisioned that these lessons will strengthen our student's emotional wellbeing which can have a positive impact on their learning capabilities at school. Teachers will be using SENSEABILITY, a program developed by Beyond Blue.

Wishing you all the best for the year ahead



**Dayna Cowmeadow (Rlv. HT Welfare)**

## Deputy's Report

It has been a fantastic start to the year with many new faces within the student and staff of the school. All bring some wonderful experiences and stories from their previous location. They enrich our school and I am sure will make great contributions in the time shared with us over the coming years.

Year 7 settled in quickly to the routine of such a big school. I have been impressed with the uniform, the great use of manners and the respect shown to others. Several students have made a point of coming up to me for a chat about many things especially the excitement of being at Singleton High School and the opportunities here. I am looking forward to sharing the journey of their learning.

Year 11 are actively engaged in their studies with some subject changes occurring. The reality of Year 11 being only three terms – 31 weeks, is putting our seniors on a fast track and most are taking up and meeting the challenge. The assessments commence around week 4 across the varied areas of study. Our students are taught in a variety of ways - through classes here at school, Trade Training, TAFE, Industry Based learning, work placement, Distance Education, video conferencing and School Based Apprenticeships/Traineeships. The method of delivery can be a varied combination of those above, all suited to aspirations and needs of the student. Gladly, these opportunities exist for our students and not the very limited approach of my time, way back in the last century.

The HSC 2014 Excellence Assembly occurred on Tuesday 3 February. This assembly is to recognise those students who gained exceptional results in individual subjects or have been highly consistent across all their studies. It was an assembly that also showed our current Years 11 and 12 that consistent effort gains great rewards and that no one pattern of study is preferable when seeking results. In particular this was noted when the subjects studied by the 16 recipients were read out along with the path chosen for careers. Our new Principal Mrs Gray was the guest speaker. Mrs Gray spoke a little on her career but more importantly what she has observed as a Senior HSC Marker in Music Performance and the results gained by consistent study and practice. Mrs Gray also spoke about responsibilities to self, family and community.

**The HSC Dux is the student whose ATAR, top best 10 units of study and overall results are deemed the best. This year Katriana Gallegos is our DUX. Katriana is moving to Queensland to study at the University of Queensland toward a Bachelor of International Hotel and Tourism Management.**

Other recipients and their destinations were:

**Sam Barry**, Completing HSC 2015

**Jessie Cameron**, Bachelor Business and Commerce at University of Newcastle

**Jade Cupitt**, Bachelor Physiology at University of Newcastle

**Tim Dunne**, Bachelor Music (Saxophone as instrument) at the Conservatorium Music – Sydney

**Charlotte Harrison**, Bachelor Arts (History) at Macquarie University – Sydney

**Tamara Lahey**, GAP Year then in 2016 Bachelor Medicine University of Canberra

**Mattison Ling**, Bachelor Arts at University Newcastle

**Sophie Marcheff**, Bachelor Music (Classical Guitar as instrument) at the Conservatorium Music – Melbourne

**Emma McLahlan-Tope**, Bachelor Criminology at University New England

**Georgia McManus**, Completing HSC 2015

**Sean Parish**, Double Degree in Mechanical Engineering and Mechatronics at University Newcastle

**Elise Pfeiffer**, Bachelor Law and Bachelor Communications University Newcastle

**Katie Shearer**, Bachelor Secondary Teaching (Mathematics) University Newcastle

**Madeleine Simms**, Bachelor Occupational Therapy (with Honours) University Newcastle

**Jonathon Williams**, Working with a view to University in 2016 studying Film and Editing

Congratulations to all HSC students of 2014. We celebrate all your successes.

**Ian Skilton-Deputy Principal**



## Information about Anaphylaxis

### What is anaphylaxis?

Anaphylaxis is a severe and sometimes sudden allergic reaction. It can occur when a susceptible person is exposed to an allergen, such as a food or insect sting. Although death is rare, an anaphylactic reaction always requires an emergency response. Prompt treatment with adrenaline is required to halt progression and can be lifesaving. Fortunately anaphylactic reactions are usually preventable by implementing strategies for avoiding allergens.

### Staff training and awareness

SHS staff are currently undertaking a 3hour online Anaphylaxis training course. This will be followed up with face to face training delivered by our Community Health Nurse, Libby Gresham on March 18 2015. While the main role of the school is to provide education, we want your child to be relaxed, safe and happy at school and for you to feel confident that your child is being well looked after.

### Parent/Caregiver Responsibility

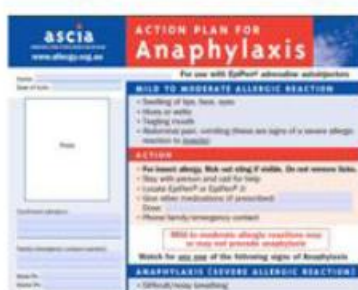
It is important that parents notify the school if their child has an allergy and is at risk of anaphylaxis. This notification should occur either at the time of enrolment, or if the student is already enrolled, as soon after diagnosis as possible. So that the support provided by the school is effective it is important that a partnership is established between the parent and the school to share information and clarify expectations.

#### It is the role of the parent/caregiver to:

- Provide an ASCIA Action Plan for Anaphylaxis completed and signed by the doctor. A new plan is completed by the doctor each time an adrenaline autoinjector is prescribed. It is important that parents provide the school with a copy of the updated plan, or a photocopy of that plan
- Provide the equipment and consumables for carrying out health care support as specified in the student's individual health care plan, including where relevant, the appropriate adrenaline autoinjector
- Replace the adrenaline autoinjector in a timely manner before it expires or after it has been used
- Reinforce relevant aspects of the individual health care plan with their child, where practicable, for example if their child comes into contact with an allergen at school they must immediately inform a teacher and, if age appropriate, remind the child of the importance of taking their adrenaline autoinjector to school with them

### Important

Your doctor will need to provide information about the nature of the allergy and appropriate emergency treatment, including an ASCIA Action Plan for Anaphylaxis so we can develop the individual health care plan. You will also need to provide the appropriately labelled autoinjector to the school (e.g. EpiPen®, Anapen®)





## Year 7 Report

Well it's been a great start to the term and a very busy one. We would like to congratulate Year 7 for their positive attitude towards starting high school and the acceptance students have shown towards new classmates and old. Last week we had the swimming carnival and we were very proud of Year 7 student attendance, particularly on such a rainy day! We hope to see high numbers of Year 7 students at future school events and showing school spirit.

A reminder to all students that vaccination forms need to be completed and returned to school before the February 24. These forms can be handed in at the front office. If you have any questions about this please come and see us in the English staffroom.

Please be aware that the Year 7 camp is coming up in a few weeks. This is estimated to cost \$285 though this may change with high student attendance. Notes for this camp will be sent home shortly so be ready.

**T Chapman & C Koletsis-Tatt**



## Year 8 Report



Welcome back to another year at Singleton High School! We hope that everyone had an enjoyable and restful holiday over the Christmas period and came back to school rejuvenated .

Term One started off at a frenetic pace with new class combinations for Year 8 students. The choosing of elective courses last year and sports choices this year will see more variation in classes. This will give students the opportunity to not only mix with unfamiliar peers but form new friendships.

**Last Thursday started off cold and rainy for the annual swimming carnival but soon turned into a fun day for those who attended. Congratulations to those students who participated and particularly to Burdekin for being the winning house team on the day.**



A brief reminder to all parents/carers that, with the start of the new year, there is an expectation for correct uniform to be worn by all students. Sports uniform is only to be worn on sports days, not PE days. Also mixing uniform items, for example sports shorts with school shirt, is also not allowed. If for any reason correct uniform cannot be worn on a particular day, a note explaining the reason must be given to rollcall teachers, and we are able to loan the correct item. If students are having difficulty obtaining the correct uniform, parents/carers may contact year advisors or Head Teacher Welfare regarding alternate arrangements.



We look forward to working with you all this year and hope 2015 is not only full of lots of learning but also lots of fun.

Yours in education

**Mrs Bagnall and Mrs Mullen**

# Year 12 Report

It was good to see Year 12 return to school on Thursday January 29, and great to see so many of them in attendance at the school swimming carnival. They created an excellent environment for all students to follow their example and get into the spirit of the event. Dressed up for the occasion, many Year 12 were active all day either competing or encouraging students from their house to compete.

## Bob Collins and Leanne Ellis, Year Advisors





# Teacher Spotlight

## Meet the Staff

### Miss VALENTINE

Maddie Valentine has started at Singleton High School this year as a member of the English staff. Maddie is an ex student of SHS and was school captain when she was here, We asked Maddie a few questions.

#### ***What was your favourite subject at school?***

English and PD/H/PE

#### ***Best memory of being a student here?***

My favourite memories of Singleton High School as a student are of my senior years and having the opportunity to celebrate the school year with my peers and teachers by climbing the Sydney Harbour Bridge and attending our Year 12 final excursion. These activities reflected the amazing friendships that were formed as a year group.

#### ***What made you want to become a teacher?***

I have always enjoyed working with young people through sport and was inspired by my own teachers to endeavour to make a difference and give back to the community I lived in.

#### ***Who was your childhood hero?***

I have never really had a hero as such but I have always looked up to my parents and tried to model the qualities that they uphold.

#### ***Something that makes you happy?***

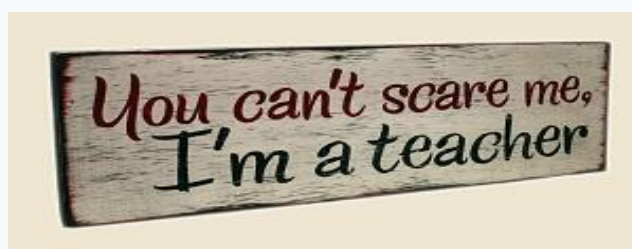
Chocolate. Definitely chocolate.

#### ***What is the best thing about SHS?***

The best thing about Singleton High is the community spirit that exists across the school.

#### ***Early tip to win the 2015 NRL premiership?***

Although, perhaps not a tip I must stay loyal and say Parramatta.



# Student Spotlight—School Captains 2015



## ***What subjects are you studying?***

- ☺ *Eliza:* English, Maths, PDHPE, Biology and Senior Science
- ☠ *Sam:* English Advanced, Physics, Modern History, PDHPE. Maths Ext 2 ( Sam has already finished his HSC in Maths Ext 1 and Biology!)

## ***What are your plans when you leave school?***

- ☺ *Eliza:* I would like to study Occupational Therapy at Newcastle University after I have a GAP year travelling
- ☠ *Sam:* Travel with my mates and then go to University

## ***Who was your childhood hero?***

- ☺ *Eliza:* My mum
- ☠ *Sam:* Obi-wan Kenobi and Brett Lee

## ***Name some things that you couldn't live without.***

- ☺ *Eliza:* Family and friends
- ☠ *Sam:* Friends, family, sport and my guitar

## ***Pearls of wisdom for Singleton High School students***

- ☺ *Eliza:* Life is too short not to do what you love
- ☠ *Sam:* “Life moves pretty fast. If you don’t stop and look around once in awhile, you could miss it” - Ferris Bueller

## ***Something that makes you happy***

- ☺ *Eliza:* Listening to my favourite music, mountain biking and hanging out with my family
- ☠ *Sam:* JB HIFI, chocolate, music, wickets and pizza

## ***Favourite memory so far at Singleton High School***

- ☺ *Eliza:* Year 10 Harbour Bridge climb and the annual ski trip
- ☠ *Sam:* Its so hard to pick a favourite but a few standouts are the basketball trip to Taree, memories in T Block, the Harbour Bridge climb and my Year 9 science class.



# ***AN INVITATION TO CARERS***

**Do you provide care and support to another person?**

**You are invited to Carer Connections  
Take the Opportunity to Connect with other Carers  
and listen to our Guest Speaker!**

Carers are usually family members or friends who provide support to children or adults who have a disability, mental illness, chronic condition or who are frail aged.

## **GUEST SPEAKER:**

**Kathie Nickerson, Clinical Nurse Specialist  
Hunter Integrated Pain Service (Hunter New England Health)**

**TOPIC:** “The Meaning of Chronic Pain: and Hunter Integrated Pain Service’s approach to Improving Life”

**VENUE:** East Maitland Bowling Club, Bank Street, East Maitland

**TIME:** 10.00am – 12.00pm

**COST:** Free - includes Morning Tea

**WHEN:** Monday 23 March 2015

**RSVP:** Wednesday 18 March 2015



**For more information or to Register Contact:  
HNE Carer Education & Support Program – Hunter  
on: 4921 4895 or 1300 887 776  
or Email: [Educare-Admin@hnehealth.nsw.gov.au](mailto:Educare-Admin@hnehealth.nsw.gov.au)  
(We ask that you RSVP for catering purposes)**



**Health**  
Hunter New England  
Local Health District

# Aboriginal Education



Welcome all to 2015 at Singleton High School

To students and parents / caregivers that are returning this year welcome back and to all of our new students and parents / caregivers welcome to Singleton High School.

The Ka-Wul Centre resides in the Singleton High School grounds and is a resource for ALL students, teachers and the community. With the centre in the school grounds it is a positive environment for students to learn and socialise.

Since the centre has been open it has become one of the popular places where Aboriginal and non-Aboriginal students socialise. The centre is based around respect and pride of who you are and where you come from.

**The Ka-Wul Centre has a special atmosphere that everyone feels. It's a place of culture and learning. This proactive and positive vibe within the centre is the way that enables all who enter to learn and become friends. The centre provides resources, reference books, DVDs and computers as well as many Cultural artefacts available for students to view and study. The Ka Wul centre is a friendly place for students and teachers to chill out in the recess and lunch breaks or to get help with assignments and assessments. Singleton High School employs a number of qualified Norta Norta Teacher Tutors to assist students with every aspect of their education at Singleton High School.**

The Ka-Wul centre also offers a Homework Program where a qualified teacher are available to provide assistance to students in all subject areas. This program is run at the Ka-Wul Centre from 3.30pm to 5.00pm every Tuesday and Thursday from the 24 February 2015.

Many programs will be run from the Ka-Wul Centre in 2015. These programs vary pending the students' needs both educationally and culturally.

Yearly Programs Include:

Sista Speak - girls mentoring and cultural program

Boys mentoring program

Banda-ra Aboriginal Dance Group is run on a fortnightly basis every Week 1, Day 5, 1<sup>st</sup> and 2<sup>nd</sup> Period

Healthy Eating Program

Meet the Elders Morning Tea program

YINPI – School to Work transition Program

Updating all students Personalised Learning Plans (PLP) will be continuing with students working more with their in-school mentors. All new students will begin their PLPs with myself within the first few weeks. These PLPs assist us to get to know your students better and enable us to provide resources for their educational and cultural journey at Singleton High School. It will also assist with initiating and developing new programs for our students.

Please do not hesitate to contact me at the Ka-Wul Centre /Singleton High School if you have any questions. I am available each Tuesday to Friday on 65711199 or by email [Sharon.Bailey@det.nsw.edu.au](mailto:Sharon.Bailey@det.nsw.edu.au)

I look forward to working with everyone throughout the year.

**Sharon Bailey**







### **Ka-Wul Homework Program**

The Ka-Wul Education and Cultural Resource Centre is happy to announce that we will be running the Ka-Wul Homework Program again this year. Program starting date is Tuesday 24 February 2015.

Ka-Wul Homework Program is an education opportunity for Aboriginal and Torres Strait Islander students to gain further assistance to guide, support, encourage and improve their overall academic performance.

Singleton High School would like encourage and welcome students requiring assistance to attend Ka-Wul Education and Cultural Resource Homework Centre.

Teacher and organiser of the Ka-Wul Home Work Program is Miss Jaye Sunerton.

**WHEN:** Tuesday and Thursday Afternoons from 3:30pm-5:00pm

**WHERE:** Ka-Wul Education and Cultural Resource Centre

**WHO:** Miss Sunerton

**PICK UP POINT:** King Street gate near the bus shelter.

If you require further info ration about the Program please contact Miss Sunerton/Mrs Bailey or Mrs Holloway during school office hours on 026571199.



# Yinpi



As with all other areas of Singleton High School, our Aboriginal Cultural Centre has started another busy term.

In School To Work Transition, I am working on school based traineeships, Defence Force information courses and apprenticeship placements to name a few. I have had meetings with the Men's Shed in relation to mentoring and we are still working closely in conjunction with Ungooroo on a number of programs including the annual Meeka Youth Festival on March 30 and Roadwhy for Year 12 on March 31.

We had our first AECG meeting for the year on Thursday February 12 at 3.30 in the Ka-wul Centre. All are welcome to attend these meetings. We are trying to limit guest speakers to specific meetings so as to be able to get through all that is important and to be able to finish our meetings at a reasonable time. Anyone who is wanting to present any information at an AECG meeting, please email myself as secretary of Kunarr Ngarrama (Singleton) AECG on [joanne.vinson@det.nsw.ed.uau](mailto:joanne.vinson@det.nsw.ed.uau).

**Jo Vinson, Co-ordinator Yinpi Aboriginal school to work transition program**

## ***Banda-ra (many Kangaroos) Aboriginal Dance and Cultural Group***

Michael Heitmeyer is a proud Aboriginal man descending from the Kooma people of Southern Queensland and is a member of Awabakal Local Aboriginal Land Council. He has worked in the welfare field for most of his working life performing a variety of roles as an Aboriginal case worker/youth worker. He has worked with various Aboriginal communities ranging from New South Wales to Northern Territory and most recently at Yulara in Northern Territory. He worked as a cultural activity presenter and tour guide. Whilst there he had the privilege of learning and engaging with the Mutitjulu Aboriginal Community. He continued his relationship with them by undertaking learning within their country. Michael's mentor here is Uncle Peter Williams.

Over many years Michael has been a member of Aboriginal dance groups and recently through his work at Kup-Poon-Dee he had established and led a dance group of children/young people. This dance group was called Gooroomul Murrooma (Gathang language) and he performed at The Australian Aboriginal and Islander Dance Symposium at The Australian National University in front of elders and community members from every state and territory. This was a highlight for him and for the young people involved in this group as following the performance elders and community members sat down with us and shared their stories and dancing.

Michael has been involved in conducting class excursions to Aboriginal sites , sharing with them what he could about each site, as well as conducting smoking ceremonies to ensure everything was in order, representing his people and culture, something not to be taken lightly.

We would also like to thank Coal & Allied for their funding for this program.

The Banda- ra Aboriginal Dance and Culture group will be week 1 day 5 Period 1&2

Any Aboriginal Student interested in doing Dance and Culture please see Sharon Bailey in the Ka-wul Centre.

# NAIDOC

## Planning for 2015

The Singleton NAIDOC Committee are seeking interest from community members to be involved with the 2015 NAIDOC Day celebration. As well as the Raising of the Flag, NAIDOC Ceremony and local Art display, you too could provide stalls, activities or food to make the day great a success!

**Date** 20<sup>th</sup> June 2015  
**Times** 9:30am - 2:30pm  
**Venue** Singleton Civic Centre



If you would like to be a part of this day please provide a quote for your services.

Email us at [singleton.naidoc@gmail.com](mailto:singleton.naidoc@gmail.com) or  
phone Jen Campbell 04 4806 5660

**SINGLETON**

**NAIDOC**  
PLANNING COMMITTEE



# Vocational Education and Training Year in Review



## VET Faculty - Vocational Education and Training

The VET Faculty in 2014 has been highly productive with students from Years 10, 11 and 12 developing their knowledge and practical skills in their chosen course of study. Students are required to undertake 70 hours of work placement throughout the duration of their course and our highly dedicated Vet teachers have ensured that students are 'work ready' to meet industry and community expectations. Successful work placements have seen many students gain traineeships, part time work and full time employment.

**Hospitality** – In 2014, hospitality students had the opportunity to cater for the Catholic Debutante Ball and Singleton Art Show. Both events were so successful our hospitality students have been asked to cater for these two events annually. Students and staff also enjoyed a dining experience with the famous Tetsuya and lunch at Restaurant Four14.



**Marissa Scoles (former student) gave Thermo mix demonstrations to staff and students, and 'Thank a Teacher Day' was, as always a great success even if somewhat stressful for students.**

In 2015, hospitality students will be catering for the Coal Festival in March 2015; and Frank Faulkner, a former Singleton High School student and now head chef at Muse Restaurant, will be delivering culinary demonstrations to our students. Thank you to Hunter Culinary Chefs Association who, over the year opened up many avenues for staff training and professional development and many opportunities for students.

**Teachers: Tracey Holloway, Brian Means, Daniel Mead**

**Construction** – Construction students had an outstanding year with hands on project work which incorporated the building of a wall frame construction, and a door jamb construction under the leadership of Mr Toby Karakasch. Students also designed and constructed seating projects around the school which has benefited all students, and now offers extra seating and outdoor learning environments. Students also undertook the refurbishment of the Uniform Shop for the P&C. Students are currently undertaking a tiling module which will provide students with strong employability skills.

**Teachers: Toby Karakasch and Jesse James**

**Metals and Engineering** – After twelve years, Year 12, 2014, is the last cohort of students to have the opportunity of studying Metals 'Specialisation' at Singleton TAFE in conjunction with Metals and Engineering delivered at Singleton High School. Metals Specialisation will not be offered in the future at the school. 2015 will see Metals and Engineering students using the TAFE workshop facilities. Metals and Engineering staff, Mark Henderson and Glenn Cameron would like to thank local industries from Mt Thorley, Maison Dieu and Singleton for supporting our students in work placement. Without this support, students would not be able to complete the course.

**Primary Industries** – Years 11 and 12 have been active throughout the year including the tending of the goat and sheep enterprise. Students have completed units of competency in fencing, creating new grazing paddocks, and the processing and creation of a tunnel house for an aqua phonics system. Students visited Ag Quip and Tocal Field Days, and have participated in preparing steer for prime beef completion. A great year for our Primary Industry students. **Teacher: Craig Bourne**



## Vet News Continued

**Retail Services** – Year 11 students have had an exciting 2014 in retailing, learning about visual displays, merchandising and customer service.

**Supported by the community and local businesses, retail students have been able to develop their skills and knowledge in the retail industry which has afforded many of our students part time work with the potential of full time employment.**

**Teacher: Cindy Koletsis-Tatt**



**Information Digital Technology (Year 10 Early Commencement)** – Year 10 students had the opportunity of training in IT in 2014 and will complete their Certificate II in Information Technology at the end of Year 11, 2015. Thank you to Singleton Council who has gone above all expectations to support our IT students to provide them with productive and interesting work placements.

**Teacher: Daniel Styles**

**Trade Training Centre (TTC)** – Tracey Holloway and Brian Means, Home Economics; and Toby Karakasch, Construction ensured the Trade Training Centre had another successful year with students from Singleton High and St Catherine's College undertaking their studies after school hours. Allan Perry, Electrotechnology, had an outstanding year with six students obtaining apprenticeships commencing in 2015. Congratulations to Mr Perry on his outstanding teaching and student success and we look forward to Mr Perry delivering Electrotechnology in 2015 and beyond.

**Robert Beggs Memorial Vocational Education Award – Congratulations to Brian Means, Hospitality teacher, and Ryan Davis Year 12 Hospitality student, who have been nominated for the Robert Beggs Memorial Vocational Award 2014 respectively.**

Finally, thank you to all Singleton industries, business and local community members who have supported Singleton High School throughout 2014.

**Annie Phillips, Head Teacher VET**





# Career News

Welcome back to 2015 at Singleton High School. The Career News is packed with important information this edition. If you have any questions about careers, please see Mrs Leanne Ellis in the Careers room when ever you want.



MyDay offers high school students the unique opportunity to experience a day in the life of a uni student.

Have you ever wondered what it's really like to go to university? MyDay can help you decide on a course to study by giving you a taste of living and learning on campus, as well as providing useful course information. You will also receive key information about opportunities and support available, and helpful advice about how to make your goals achievable.



MyDay	Location	Date	Information on
Exercise and Sports Sciences	Bathurst	27 February	Exercise and Sport Science, Health and Physical Education, Sports Journalism
Biomedical Sciences, Medical Radiation Sciences and Nursing	Wagga Wagga	27 February	Medical Science, Nursing, Pharmacy, Medical Radiation Science
Teaching, Nursing and Social Work	Dubbo	27 February	Early Childhood and Primary, Nursing, Social Work
Arts, Psychology, Social Work	Wagga Wagga	20 March	Bachelor of Arts, Psychology, Social Work
Communication and Creative Industries	Bathurst	13 April	Advertising, Radio, Journalism, Sports Journalism, Public Relations, Theatre / Media
Clinical Science, Dentistry, Pharmacy and Physiotherapy	Orange	13 April	Clinical Science, Dentistry, Pharmacy, Physiotherapy
Nursing and Paramedics	Bathurst	23 April	Clinical Practice (Paramedic), Nursing
Nursing	Albury-Wodonga	24 April	Nursing
Accounting, Business and Information Technology	Wagga Wagga	29 April	Accounting, Business Studies, Management, Information Technology
Accounting, Business and Information Technology	Albury-Wodonga	30 April	Accounting, Business Studies, Management, Marketing, Information Technology
Information Technology and Computing	Bathurst	12 May	Computer Science, Information Technology
Psychology	Bathurst	21 May	Psychology
Community Health	Albury-Wodonga	28 May	Health and Rehabilitation, Occupational Therapy, Physiotherapy, Podiatric Medicine, Speech and Language Pathology
Accounting and Business	Bathurst	28 May	Accounting, Business
Teaching and Education	Bathurst	4 June	Early Childhood and Primary, K-12, Health and Physical Education
Teaching and Education	Wagga Wagga	9 June	Early Childhood and Primary, K-12, Technology and Applied Studies
Agriculture	Orange	10 June	Agriculture HSC Workshops
Teaching and Education	Albury-Wodonga	11 June	Early Childhood and Primary, K-12
Agriculture	Wagga Wagga	12 June	Agriculture HSC Workshops <i>*The Graham Centre's Year 10 Agriculture Enrichment Day will run concurrently on this day</i>
Communication and Creative Industries	Wagga Wagga	23 June (Years 11 and 12)	Animation and Visual Effects, Acting for Stage and Screen, Design for Stage and Screen, Graphic Design, Photography, Television Production
InfoDay	Port Macquarie	25 June	Information day for courses offered at Port Macquarie Campus
Policing and Criminal Justice	Bathurst	29 June	Criminal Justice, Policing
Communication and Creative Industries	Wagga Wagga	25 and 26 August (Year 10)	Animation and Visual Effects, Acting for Stage and Screen, Design for Stage and Screen, Graphic Design, Photography, Television Production
Engineering	Bathurst	TBC	Engineering - new course commencing in 2016

Register your interest for these MyDay events at:

[www.csu.edu.au/myday](http://www.csu.edu.au/myday)

\*Subject to change or cancellation if insufficient numbers

Charles Sturt University 2015. JB F4020



## ADF GAP YEAR



## FILL IN THE GAP

EXPERIENCE ONE EXTRAORDINARY YEAR IN THE AUSTRALIAN DEFENCE FORCE

The ADF Gap Year Program provides an opportunity for young Australians who have finished Year 12 (or equivalent) and are aged between 17 and 24 years of age to experience military training and lifestyle whilst gaining new skills and pay over the Gap Year.

Gap Year opportunities are available in the Navy, Army and Air Force.

The lifeskills and job training that you will acquire during your Gap Year experience will be valuable regardless of what career you ultimately undertake.

To find out more information about ADF Gap Year Program please visit [defencejobs.gov.au/gapyear](http://defencejobs.gov.au/gapyear)

### YOUTH EMPLOYMENT SKILLS PARTNERSHIP

**If you're passionate about a career in the electrical industry, apply now for the HVTc YES Partnership!**

The HVTc Youth Employment Skills (YES) Partnership is an innovative training initiative that will see a number of promising electrical apprentices offered a place in a customised accelerated Electrotechnology program at the HVTc Skills Centre.

During 10 months of intensive training, participants will complete the theory components of Stages I and II of their Electrotechnology Electrician - Certificate III qualification.

In partnership with local businesses, the apprentices will also undertake on-the-job skills consolidation (YES placement) which will be rotated with their studies across the 10 month program.

HVTc will work to place the apprentices with permanent host employers by the end of 2015 to continue their electrical apprenticeships.

The YES Partnership commences Monday 23 February, 2015 at HVTc's Skills Centre in Rutherford.

**HVTc skills change lives**

- Start a Certificate III in Electrotechnology
- Receive 10 months customised training
- Two years of theory delivered in one year
- Experience on-the-job YES placement
- Earn while you learn
- Open doors to future employment

Call us today  
1800 247 864  
[hvtc.com.au](http://hvtc.com.au)

## Glencore Indigenous Scholarships

Applications for scholarships of up to \$10,000 per annum are invited from Aboriginal people who are currently undertaking, or who intend to undertake post school studies/education/research in a culturally related course commencing in 2015. Culturally related courses may include but is not limited to the following:

- Aboriginal Studies
- Cultural Heritage Management
- Archaeology
- Environmental Science
- Tourism
- Languages (especially Indigenous languages)
- Sociology
- Community/Social Development
- Social Science
- Communications/Arts

Post school studies/education/research may include University, TAFE, Traineeship/Apprenticeship or other Vocational Education and Training with a Registered Training Organisation.

This position is open to Aboriginal and Torres Strait Islander people only in accordance with Section 14(d) of the Anti-Discrimination Act 1977. An Aboriginal person (As defined by the Aboriginal Land Rights Act 1983) means:

- Is a member of the Aboriginal race of Australia, and
- Identifies as an Aboriginal person, and
- Is accepted by the Aboriginal community as an Aboriginal person

Preference will be given to applicants who live or have a connection with the Upper Hunter region of NSW. Scholarships may be awarded for up to three years depending on duration of course and maintaining eligibility for the scholarship.

Applications close: 31 March 2015 For further information please contact: Bret Jenkins 0428 832 997

# Home Economics Faculty

What a way to start the year!. A busy schedule and enthusiastic students and staff.

We have had some changes in our staffing with Miss Myree Ribbons back from taking 12 months leave to take up a Head Teacher Well Being position at Gloucester High School. We welcome Miss Sunneron back to our faculty. We wish both ladies all the best for a great year.

Mr Daniel Mead has returned this year in a permanent position at SHS and we are very pleased to have him in our faculty. We wish him all the best at Singleton High School.

We have also started all our classes with our students full of energy after the break. We hope this continues for the rest of the year.

All classes have specific requirements for equipment to ensure students are prepared for all lessons. This includes the following for all practical Home Economic Classes.

A4 size display folder

An A4 size booklet for theory lessons

A4 plastic sleeve for assignments

Enclosed black leather shoes

Container for practical lessons

All aprons/tea towels are supplied for WHS purposes

**Payment of course fees by end of term 1 2015.** This will enable us to finalise our budget and reduce problems at the end of the year. Invoices will be sent out soon from the school and payments can be made at the front office. Any problems with regard to payment please contact Head Teacher Welfare during school hours so we may be able to assist and organise a payment plan.

REMEMBER HOSPITALITY CLASSES have specific requirements. Please see class sheets.

Reminder all students will have Assessment Tasks this term for their subjects within our faculty and if anyone has any issues or problems please contact your class teacher as soon as you can so the assessment tasks can be handed in on time.

We welcome all new students to our faculty and wish everyone a great 2015 full of great learning experiences.

**Tracey Holloway, Head Teacher Home Economics**





## THAI CHICKEN SALAD

This Thai chicken salad is easy to make and pops with flavour.

### Ingredients:

- 2 boneless chicken breasts OR 4-8 skinless chicken thighs, cut into thick strips
- Large bowl of salad greens (enough for 2-3 people)
- Handful fresh mint (about 8-10 leaves)
- Handfuls of fresh coriander/cilantro and basil

**MARINADE:** whatever you like of these ingredients

Sweet chili sauce

Cloves garlic, minced

Fish sauce

Soy sauce

Fresh-squeezed lime juice (or substitute lemon juice)

### DRESSING:

- Juice of 1 lime
- 4 Tbsp. fish sauce
- 2 Tbsp. brown sugar
- 2 cloves garlic, minced
- 1/2 tsp cayenne pepper OR dried crushed chili

### Preparation:

1. Stir together the marinade and pour over the chicken strips. Toss to coat, then set in the refrigerator to marinate while you prepare the salad fixings and warm up your grill.

2. Stir the salad dressing ingredients together in a cup. Taste-test the dressing, looking for a tangy taste that is a balance between sweet and sour, salty and spicy (it should have some kick to it from the cayenne/chili). Add a little more sugar if it's too sour. Set aside.

3. Prepare your bowl of salad greens. For the mint, stack the leaves on top of each other, then thinly slice into slivers and toss in with the salad. Also add some fresh basil and coriander if you have it (optional).

4. Before grilling, lightly brush grill with a little vegetable oil. Grill your marinated chicken, basting it with the left-over marinade the first time you turn it. For oven-broiling, place chicken strips on a broiler pan (or on a foil-covered cookie sheet, turning up foil at the edges to prevent spilling). Set oven to broil setting and place chicken on one of the upper racks, turning it every 3-5 minutes, or until well done.

5. When ready to eat, toss the salad with the dressing and serve the cooked chicken strips overtop. If desired, reserve a little dressing to drizzle over the chicken too. Garnish with a few extra mint leaves and thinly sliced red chili (if you're not afraid of spice). Pair this dish with a cold white wine or lager, and enjoy!





## PDHPE and Sport News

A wet start to the morning did not phase competitors and participants in the annual school swimming carnival. The house colours were out in force with strong representation of Year 12 students leading by example with some brilliant costumes. The rain did not stop the competition with strong racing across all age groups and events.

The novelty events were strongly supported providing the opportunity for all students to join in and contribute to their house scores. The day finished with the staff vs student relay race, which was once again won by the staff.

**Students will now move through to the Upper Hunter Zone carnival held at Muswellbrook Aquatic Centre on Wednesday, 18 February 2015.**

### House Scores

1 <sup>st</sup>	Burdekin	998.0
2 <sup>nd</sup>	Elliot	749.0
3 <sup>rd</sup>	Munro	697.0
4 <sup>th</sup>	Howe	687.0

### Age Champions

12Yr Male Champion	Oliver Berry
13Yr Female Champion	Chantelle Smuts
13Yr Male Champion	Julian MacDonald
14Yr Female Champion	Maddison Berry
14Yr Male Champion	Elliott Earnshaw
15Yr Female Champion	Courtney Stephens
15Yr Male Champion	Matthew Cook
16Yr Female Champion	Hannah Bates
16Yr Male Champion	James Bradley
17Yr Female Champion	Karly Lewis
17Yr Male Champion	Lachlan Jones

**Daniel Higgins, Sports Organiser**



# Millennium Student Portal

*Real time access to a wealth of information on your child*

Singleton High School is proud to have the opportunity to offer the parents of student's *free* access to information on their children via an individualized portal to the schools online record keeping system.

The portal to our Millennium system will give you **daily updates** on each of your children through one access point.

Information can be accessed real time. As information is entered at the school level it is available to you through the parent portal.

- **Classes** (subjects / courses studied at Singleton High)
- **Timetable** (Day to day information relating to subject, period, teacher and room)
- **Mark book** (Every assessment task result and relative position within the course for that task)
- **Reports** (Access to Semester 1 and Semester 2 reports as they are entered by teachers)
- **Attendance** (Daily information relating to whole day absence, justified reasons for absence and identified occurrence of truancy)
- **Register** (Information that lets you know if your child has had a behavior incident, student recognition, student intervention, administrative action, etc recorded and the date on which it was actioned)

The screenshots show the following data:

### Markbook

Course	Activity	Assess	Result
Stage 4 English	AT1 Unit 1 (Literature) - Homework	85%	85%
	AT1 Unit 1 (Literature) - Project	87%	87%
	AT1 Unit 1 (Literature) - Test	88%	88%
Stage 4 English	AT2 Unit 2 (Literature) - Homework	85%	85%
	AT2 Unit 2 (Literature) - Project	85%	85%
Stage 4 English	AT3 Unit 3 (Literature) - Homework	85%	85%
	AT3 Unit 3 (Literature) - Project	85%	85%
Stage 4 English	AT4 Unit 4 (Literature) - Homework	85%	85%
	AT4 Unit 4 (Literature) - Project	85%	85%
Stage 4 English	AT5 Unit 5 (Literature) - Homework	85%	85%
	AT5 Unit 5 (Literature) - Project	85%	85%

### Attendance

Student	Reason	Start	End
John		21 SEP 2011	20:22
John		20 SEP 2011	20:29
John		19 SEP 2011	20:29
John		18 SEP 2011	19:31
John	School Holiday	18 SE 2011	00:45 - 01:00
John	Leave	18 SE 2011	
John	Identified Truancy	17 SE 2011	12:57 - 13:17
John	Identified Truancy	17 SE 2011	13:02 - 13:18
John		15 SE 2011	16:34

### Register

Date	ID	Category
17 SEP 2011	100001	Behavior Incident
17 SEP 2011	100002	Behavior Incident
17 SEP 2011	100003	Administrative
17 SEP 2011	100004	Behavior Incident
16 SEP 2011	100005	Behavior Incident
16 SEP 2011	100006	Behavior Incident
16 SEP 2011	100007	Behavior Incident
16 SEP 2011	100008	Behavior Incident
16 SEP 2011	100009	Behavior Incident
16 SEP 2011	100010	Behavior Incident

## Return Slip:

To receive your e-mail containing your login details to access portal information relating to your children simply complete the return slip below. Parents may be contacted to verify e-mail addresses.

The names of my children enrolled at Singleton High School are:

1: \_\_\_\_\_

2: \_\_\_\_\_

3: \_\_\_\_\_

A contact telephone number to verify these details is: \_\_\_\_\_

My e-mail address is listed accurately below:



# AUSTRALIAN AIR FORCE CADETS

## Coal Festival 2015

Do you want to be an Air Force Cadet?

Australian Air Force Cadets (AAFC) is a youth orientated organisation that is administered and actively supported by the Air Force. Any boy or girl aged between 13 to 18 who is an Australian citizen or has a temporary permanent resident visa can join. The Cadets is a physical activity so members must be physically fit enough to participate in all activities.

The AAFC was formed in 1941 as the Air Training Corps and its original aim was to prepare young men from the ages of 13 to 18 to join the Air Force. In 2001 the Federal Government renamed them to be known as the Australian Air Force Cadets

The local unit is the 308SQN and it operates from Scobie Training Depot on the cnr of Harvey Road and New England Hwy at Rutherford, and operates on Wednesday night in school terms only from 6.00pm to 8.30pm.

For further information call 4932 5808

Or go to <http://308sqn.aafc.org.au/node/3>  
or <http://www.aafc.org.au/>



### Mine Tours

As part of the Hunter Coal Festival, there will be a community day at Civic Park, Singleton, on 14 March.

Mine tours will be conducted on this day. One tour will take in Bloomfield Coal's Rixs Creek Mine with a focus on rehabilitation. Another tour will go to Coal & Allied's Mt Thorley Warkworth Mine and will look at the operations of an open cut coal mine in action.

**This is an extremely rare opportunity. Buses will travel coal haul roads so you will get a first-hand experience of coal mining.**

A third tour will inspect the Mines Rescue Station. Interested parties should go to the Hunter Coal Festival website and book a seat or call the Singleton Visitor Information and Enterprise Centre on 6571 5888 for further information.



## Library News

### Chess

The chess club will soon be starting again in the library. Along with a school chess team, we will also have a chess merit league as a competition between players within the school. If any student is interested they should see Mr Gray in the library.

### Justice of the Peace services

If any student needs to have a copy of a document certified or a signature witnessed, they can see the librarian for this service.

### Google Apps for education/Microsoft 365

Students now have access to the GAFE and M365 suite of applications which are very useful for students. If any student want to know how to access Google Drive or Skydrive the library is the place to learn how.

### Town Library 10,000 member drive

The membership drive has reached 9,000 members, which is almost half of the Singleton Shire population!

If you are not a member, or have not used your card in more than 3 years, go to the library and sign up. The library has a host of resources useful for our students

**Martin Gray, Librarian**

**CHILDRENS eye**  
**MAKE** examinations **BULK BILLED**  
their future **CLEAR**  
**aie optical**  
Prescription Eyewear  
1/65 John Street  
Singleton  
Ph. 6571 5600

**GymAbility returns to the YMCA Singleton Heights Sports Centre next week!**

For those of you who are new to GymAbility it is a program where we have gymnastics lessons suitable for people with a disability (both children and adults). You can try your hand at trampoline jumps, tumbling and more in a fun, safe and soft environment. Progress at your own pace, develop coordination, flexibility, motor skills and confidence, and experience the satisfaction of achieving and excelling.

Session times are:

Under 15 year old: 10:30am-11:15am

15 year old and older: 11:30am-12:15am



We look forward to seeing you there!!



## SRC Report

Although the year has just started, the SRC have already been hard at work.

The school swimming carnival was on Thursday February 6 and the SRC were operating the BBQ on the day. Congratulations must go to all students involved for the tremendous effort and commitment they demonstrated to ensure the carnival was such a huge success.

Tommy's Day was held in Term 3 2014 but it was not until Wednesday, 12 February 2015 that the cheque for \$12,000 was presented to Glen Parsons from the Cancer Council. Raising this amount of money was a fantastic effort by students and staff at our school and was the result of a great team effort by the student council.

**We have been raising money for the Cancer Council since 2006 the school and we have now raised in excess of \$90,000 for Cancer Research.**

Green Day is next on the agenda this term and so a busy schedule is once again in process by the student council.

Bob Collins, SRC



**ATTENTION PARENTS!**

Looking for a **FUN** and **FREE** day out for you and your kids?

The Hunter River DGA and Jack Newton Junior Golf are hosting a fun come and try golf day at

**Singleton Golf Club**

Date: Sunday 15th March  
Time: 8.30am-12.30pm

Prizes  
For kids aged 6-12 years  
(Parents are welcome to join in the fun too)

All Equipment Supplied  
No Experience Required  
P&O Lunch Included  
Completely Free of Charge

Register your interest with Zig by 11 March on 4934 5311 or e mail: hrdga@bigpond.com

**Rock up for a day of fun, food, fresh air and exercise!**

## St Patrick's Parish Debutante Ball 2015

Our annual St Patrick's Parish Debutante Ball will be held on Friday 8 May 2015. If you are at the **Year 11 age group**, you are eligible to participate in the Debutante Ball. We welcome **ALL** girls from the Singleton community.



To express your interest, please email your contact details, including **full name** and **phone number** to [singleton.branxton@mn.catholic.edu.au](mailto:singleton.branxton@mn.catholic.edu.au) or contact our Parish office on 02 6578 9613.

An Enrolment Form and Information Pack will then be forwarded to you. Alternatively you may wish to call into the Parish Office to collect a hard copy. We ask that you read these documents before attending the Information Evening. Enrolment forms will need to be submitted no later than 9 March 2015.

Jodie Pietrangelo,

President St Patrick's Parish Debutante Ball Committee

**INFORMATION EVENING DETAILS**  
**St Catherine's Catholic College**  
School Library,  
30-40 Combo Lane Singleton  
NSW 2330  
Monday 16 February 2015  
at 7.30 pm



# The Royal Society for the Blind

## Low vision aids & professional services:

- Occupational Therapy
- Social Work
- Orientation & Mobility
- Low vision aids
- Adaptive technology
- Social groups & programs

**(02) 4956 2282**



The Royal  
Society for  
the Blind

151 Lambton Road  
Broadmeadow  
NSW 2292  
www.rsb.org.au  
rsbhunter@rsb.org.au

NSW NDIS Provider Registration  
Number: 26405704  
HACC and DVA Provider



## 2015 REGISTRATIONS

**Saturday 28th February 2015**

9.30am till 12 noon

**New registrations** must be done in person and a copy of your child's birth certificate or passport must be presented at the time of registration.

**Re Registrations** for all players who played in 2014 will be done via the new Online Registration program. Payment via Visa or Credit Card will incur a 3.9% processing fee. The link for online registrations can be found on the Clubs Website or Facebook page.

[www.singletonjuniorrugbyleague.leaguenet.com.au](http://www.singletonjuniorrugbyleague.leaguenet.com.au)

It is the Clubs policy that No Player will train /play unless they are registered and registration is not complete until registration is received and paid in full.

**Registration fee will be \$100 for All Players**

Any queries contact Club Registrar  
Tracey Rapley on 0411 044 958.

## SINGLETON STRIKERS FOOTBALL CLUB



Junior Soccer invites all new and returning boys and girls to come and register for the 2015 season.

**TEAM AND PLAYER REGISTRATION DAYS AT CLUB SINGLETON**  
(William St)

**Sunday 8<sup>th</sup> February & Sunday 15<sup>th</sup> February**  
**from 10:00am to 2:00pm.**

Come and register your team or as an individual.

### Player Registration Fees:

Under 6 - Under 7: **\$110.00**  
Under 8 - Under 11: **\$130.00**  
Under 12 - Under 18: **\$150.00**

New players are most welcome and **must** bring along a **photocopy** of their birth certificate. Players must be turning 5 years of age in the 2015 calendar year to play.

Contact: President Mark Henderson – 0417 445 233  
Registrar Steve Proudlock – 0477 320 511

Note that registration with FFA **MUST be completed on line** by all players prior to registering with SSFC.

Go to: [www.myfootballclub.com.au](http://www.myfootballclub.com.au)

Full registration details, instructions and registration forms are available on the club website: [www.sjsc.sportingpulse.net](http://www.sjsc.sportingpulse.net)



**SINGLETON NETBALL ASSOCIATION INC.**

PO BOX 523 SINGLETON NSW

W: [www.singletonnetball.com](http://www.singletonnetball.com)

E: [singletonnetball@hotmail.com](mailto:singletonnetball@hotmail.com)

Our winter season starts soon and now is the time to start organising your team!!!!!!

.... **Don't have a team !!!!!!**

Email the association and we will try our best to find a team for you.

Competitions are available for anyone turning 7 years of age up to 50+.

If you are turning 5 this year we have an activities programme for girls and boys called

**"net set go"** This is a great way to learn skills in a safe and fun environment.

**TEAM NOMINATIONS** will be held on **Wednesday 18<sup>th</sup> February**

so start getting organised now and don't miss out !!!

We do have some other things happening in the coming weeks:

Trials for our **Open representative team** will be held on

**Thursday 5<sup>th</sup> February** from 6pm.

Anyone 18 years or older this year is welcome to trial.

We have a **foundation coaching course** on **Sunday 15<sup>th</sup> February**

If you are interested in attending the course and want further information is asked to contact the association at [singletonnetball@hotmail.com](mailto:singletonnetball@hotmail.com)

Our **12 years and 13 state age representative teams**

each require a player for their teams. Girls aged 12 or 13 in this calendar year are welcome to attend the

**trials on 5<sup>th</sup> March.**

More detailed information can be found on

**our website** - [www.singletonnetball.com](http://www.singletonnetball.com)

You can also like us on facebook

Keep an eye on the website and if you require further information on anything please email us.

**See you in 2015 !!!!!**

# Canteen and Uniform Shop News

We are desperate for new volunteers to help out in either the canteen or the uniform shop. If you can spare a day or even a few hours please call Tracy Johnson on 0439 384484 . Our canteen and uniform shop are run solely by volunteers and all profits go back into the P&C to aid the school.

Eftpos facilities are available at the canteen and at the uniform shop and you can shop online for uniforms as well. Just Google Singleton High School and follow the links.

## Uniform Shop Summer Price List

**Monday – 8.30am to 10.00am and 4.00pm to 5.00pm**

Skirt – Checked grey 8 - 20	\$46.00
Skirt – Checked grey 22 - 26	\$52.00
Blouse – Blue or White	\$23.00
Polo shirt – Blue or White	\$27.00
Pants ( girls) – Navy Hipster	\$40.00
Pants - 3/4 (girls)	\$38.00
Shorts – Grey Longer leg (old style)	\$ 5.00
Shorts – Grey Short leg (elastic waist)	\$27.00

### PE/Sport:

PE / Sport Polo Shirt	\$27.00
PE / Sport Shorts – Navy	\$22.00

### Winter Stock also available



### Specials.....

**We have the older longer style boys grey shorts still available and must go... \$5.00 a pair**

**Second Hand Clothing Available all items \$5.00 each**



**Payment:** Cash or cheque, EFTPOS and credit card facilities.

**Location:** Near the MPC building, enter through main office and follow the signs

**Donations of second hand uniforms would be greatly appreciated. All money raised is donated back to the school. Unfortunately we do not sell preloved uniforms on consignment.**

## Canteen Roster for February and March

Day	Date	Volunteers
Monday	23/2/15	HELP NEEDED
Tuesday	24/2/15	S CAMERON
Wednesday	25/2/15	HELP NEEDED J MARCHEFF (2PM)
Thursday	26/2/15	M LANCASTER M JACK K ANDERSON S VAN EERDE
Friday	27/2/15	HELP NEEDED
Monday	2/3/15	K HITCHCOCK R WORGAN
Tuesday	3/3/15	A WATTS
Wednesday	4/3/15	HELP NEEDED
Thursday	5/3/15	K FRY
Friday	6/3/15	P HANNAN
Monday	9/3/15	HELP NEEDED
Tuesday	10/3/15	L KNOX
Wednesday	11/3/15	K HITCHCOCK
Thursday	12/3/15	H FORBES S COCHRANE
Friday	13/3/15	C HIGGINS M HIGGINS
Monday	16/3/15	HELP NEEDED
Tuesday	17/3/15	J GROUCUTT
Wednesday	18/3/15	HELP NEEDED
Thursday	19/3/15	A JOHNSTONE
Friday	20/3/15	P HANNAN
Monday	23/3/15	HELP NEEDED
Tuesday	24/3/15	S CAMERON
Wednesday	25/3/15	HELP NEEDED J MARCHEFF (2PM)
Thursday	26/3/15	M LANCASTER M JACK K ANDERSON S VAN EERDE
Friday	27/3/15	HELP NEEDED



# Canteen Price List Term 1

## HOT FOOD

Nuggets (5)	\$ 2.00
Sausage Roll	\$ 3.50
Meat Pie	\$ 4.00
Cheese and Bacon Pie	\$ 4.50
Chicken Burger	\$ 4.50
Beef Burger	\$ 4.50
Sweet Chilli Wrap	\$ 5.00
Pizza Roundas	\$ 2.50
Noodles	\$ 2.50
Salt and Vinegar tenders (NED)	\$ 1.00
Garlic Bread (NED)	\$ 1.00
Sauce	\$ 0.30

## ROLLS

Salad Roll (No Meat)	\$ 4.50
Salad Roll (With Meat)	\$ 5.00
Salad tub (with egg)	\$ 5.00
Fruit Salad tub	\$ 4.00

## SANDWICHES

Chicken and Lettuce	\$ 4.00
Ham, Cheese and Tomato	\$ 4.00
Egg and Lettuce	\$ 3.50
Beef and Pickles	\$ 4.00
Turley and Cranberry	\$ 4.00

## BREKKIE IDEAS (BEFORE 9.30AM)

Hash Browns	\$ 1.00
Brekky Wrap	\$ 2.00

## HEALTHY MEAL DEAL \$ 4.50

(orders only) Sandwich, juice and fruit



## DAILY SPECIALS

Monday	Sliders	\$ 2.50
Tuesday	Toasties	\$ 4.00
	Cookies	\$ 2.50
Wednesday	Hot Dogs	\$ 3.50
Thursday	Mini Pizza	\$ 2.00
Friday	Chick Caesar Tub	\$ 5.00

## DRINKS

Aroona 350ml	\$ 2.50
Sports Water	\$ 2.50
600ml Water	\$ 2.00
1ltr Water	\$ 3.00
Cans of Drink	\$ 2.50
Gatorade	\$ 4.00
Dare Iced Coffee	\$ 4.00
Large milk	\$ 4.00
Small milk	\$ 3.00
Plain milk	\$ 3.00
Large juice	\$ 3.00
Small juice	\$ 2.00
Mineral Water (large)	\$ 3.00
Mineral Water (small)	\$ 2.00
Iced tea	\$ 3.00
Slushies	\$2.00

## SNACKS

Pretzels (large)	\$ 2.00
Red Rock Deli Chips (large)	\$ 2.00
Red Rock Deli Chips	\$ 1.00
Smiths Chips	\$ 1.00
Jumpy's	\$ 1.00
Grain waves	\$ 1.00
Twisties	\$ 1.00

## ICE BLOCKS

Zooper Dooper	\$ .50
TNT Sour Pops	\$ 1.00
Lemonade Twist	\$ 1.00
Icy poles	\$ 1.00
Frاندangles	\$ 1.50
Paddle Pops	\$ 2.00
Frozen Yoghurts	\$ 2.00
Mini Drumstick	\$ 2.00
Paddlepop shake	\$ 2.50
Connoisseur	\$ 3.80

Coffee and Hot Chocolate  
\$3.00

Other items  
Stationary  
from 50c

